



May 31, 2010

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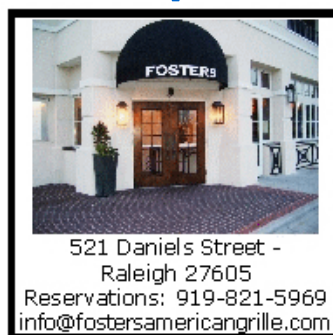
To Bee or Not to Bee

**To Market To Market
Local Saturday Morning Farmers Markets**

The early bird catches more than the worm ... He gets all of the best farmer's market produce. The rest of us? We do our best to squeeze in the USDA-recommended five-to-seven servings. (And just to review: Ketchup is not a vegetable.)



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The new **Five Points** and the **Midtown (North Hills) Farmers Markets** feature all the health benefits of an a.m. market - with a special homey touch. Every Saturday morning in the parking lot of NoFo at the Pig (in Five Points) and the commons area at North Hills brim with organic local produce, flowers, baked goods, and gourmet snacks, all in a quaint open-air setting. Keep an eye out for demos, tastings, live music, and prepared meals to go from neighborhood chefs.

You'll See Food: Fresh Seafood from **Southport Seafood Company** that is... offering the freshest variety of NC coastal seafood. Just off the boat... this NC fisherman distributes to our local restaurants as well. Find him at Five Points Market.

Bread & Pastries Galore: Stop by the **Yellow Dog Bread Company** for a fresh loaf of Rustic Multigrain Batard, Sourdough, Challah, Cinnamon Raisin Swirl, Pecan Sticky Buns and much more. All made with unbleached flour. Yellow Dog Bread is found at Midtown Farmers Market and Five Points Farmers Market.



Vegi and Fruit Frolics: Edible Earthscapes from Pittsboro have been farming for the last two years. Jason and Haruka farm a small 1 acre plot,



producing vegetables, herbs, cut flowers and eggs. They specialize in unique Asian heirloom varieties. They practice sustainable, organic farming methods without the use of chemical fertilizers, herbicides or pesticides. Edible Earthscapes can be found every Saturday at the Midtown Market.

Just in Case You're Thirsty: Stop by **Bobby's Home Made Water Ice** stand. Try his all natural Italian Ice

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made from the farmers' fresh berries at The Midtown Market. Very tasty and refreshing! A great way to stay cool and energized to continue your farmers market shopping!

For Longer Shelf-life: Both markets have homemade products that are bottled or packaged for later use. **The Pleasant Bee** is a father and daughter operation that began in 2008. They hope you enjoy the taste of their local and "pleasant" honey!

Special Sauce: Try **JRod's Backyard Grill** BBQ Sauces and rubs from Morrisville, NC. Their Chipotle Brown Sugar BBQ Sauce and Chipotle Brown Sugar Rub use a unique blend of brown sugar, peppers and select spices to ensure the perfect balance between spicy and sweet for all your grilling needs. Both sauce and rubs are best used on chicken, beef, pork, seafood, burgers.....Need we say more? [Website](#)



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[Midtown Farmers Market Website](#)
[Five Points Farmers Market Website](#)

FUNDRAISERS...
Click Here for Entire Fundraiser Listings

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**The Latest Buzz on ...
Fashion, Food & Fun**

New Glaze of Glory - Person Street Krispy Kreme to Reopen June 1

Nothing fills a hole like **Krispy Kreme**. That feeling of doughnut deprivation will end June 1 as the Krispy Kreme store on the corner of Person and Peace Street, Raleigh will reopen at 6am for business. Closed for two months of renovation, the new store will keep the character of the original building but upgrade the interior, storefront, and parking lot. The Fayetteville Street location has kept our craving at bay, but we're ready for the "Hot Doughnuts Now" light to reappear.



The June 1 reopening festivities will feature free t-shirts for the first 100 in line (the first gets 1 dozen doughnuts per week for a year). A community celebration will take place that afternoon plus an open mic night. A new feature is Kool Kreme - Krispy's soft serve ice cream offered with an array of toppings to make the perfect doughnut sundae. Old favorites and a new Glaze of Glory ... Now that's sweet progress!

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New Opening - Café Caturra in Cameron Village



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Service for Lifestyle Changes

The Richmond, VA favorite, **Café Caturra** is spreading its roots to Raleigh (& soon to Cary). Just open in Cameron Village (next to Talbots), Café Caturra offers fresh food (homemade soups/panini & wraps/pizza) & boutique wines served in an inviting, casual atmosphere. The patio entrance is attractive and complete with lots of seating and a warm glowing outdoor fireplace. Stay tuned for the Buzz report in a couple weeks.



Café Caturra offers fresh food (homemade soups/panini & wraps/pizza) & boutique wines served in an inviting, casual atmosphere. The patio entrance is attractive and complete with lots of seating and a warm glowing outdoor fireplace. Stay tuned for the Buzz report in a couple weeks.

Café Caturra - 432 Woodburn Road (Cameron Village), Raleigh - 919.835.9463. Hours: Open 11am-10pm Mon-Thurs; 11am-11pm Fri-Sat; & 11am-9pm Sunday. [Menu:](#)



Bee Line to...Blah Blah Blabity Blah!

Live Music Venues & Dates

Lincoln Theatre:

- 06/03: Reggae Festival - Sanchez & Terry Linen w/ Nicola Lionfish, Empress Charmaine, Tru Souljah, Crucial Fiya
- 06/04: The Del McCoury Band w/ TBA
- 06/06: PKM, Nantucket & Friends w/ Sidewinder
- 06/09: Martin Sexton w/ Ryan Montbleau Band
- 06/10: Ballyhoo w/ The b Foundation
- 06/11: Ingrid Michaelson w/ Matt Morris
- 06/12: Reflection Eternal (Talib Kweli & Hi-Tek) w/ Actual Proof / DJ BRORABB
- 06/14: GWAR w/ Dirge Within, Mobile Deathcamp
- 06/18: Night Prowler (Bon Scott & AC/DC tribute)
- 06/19: Corey Smith w/ TBA
- 06/25: Major Stephens w/ Joey Panzarella Band
- 06/26: Untold w/ Unsound / Down Cycle
- 07/08: Perpetual Groove w/ TBA

Berkeley Café

- 06/05: Sarah Borges & The Broken Singles w/ The Honeycutters
- 06/07: Jason Boland & The Stragglers
- 06/10: Wreckless Eric & Amy Rigby
- 06/15: Aslyn & Toby Lightman
- 06/25: Eilen Jewell w/ TBA
- 06/27: Sam Baker, John Fullbright, Natalia Zuckerman
- 06/29: Off With Their Heads, Battle!, Thieves
- 07/07: Don Rigsby & Friends w/ Jess Klein
- 07/15: The Rockridge Brothers w/ TBA

Fosters American Grille: (SEE OUR AD & Coupon Special)

Happy Hour is Back! \$5 appetizers Mon-Thurs (5-7pm)
Every Wednesday Wind Down: Half price glasses of wine



Prime Rib Fridays - \$18 & Steve Hobbs Trio
 Saturday Couples Night: 4 Course - \$50 per couple
 Fantastic Saturday & Sunday Brunch - 11-3pm ([Menu](#))

[The Pour House](#)

05/30: Hark the Sound - Eve Carson Benefit
 05/31: Trampled by Turtles w/ Apache Relay
 06/01: Left Outlet w/ The Woodgrains & A Tin Djinn
 06/02: Moon Taxi
 06/03: Raplord.com Showcase
 06/04: Old Habits w/ Swift Creek Revival
 06/05: Rhett Miller w/ The Balsa Gliders, Johnny Orr
 06/06: Summer Solstice Benefit Student Concert
 06/07: Runaway Dorothy



[Tir Na Nog:](#)(SEE OUR AD / Sunday Brunch)

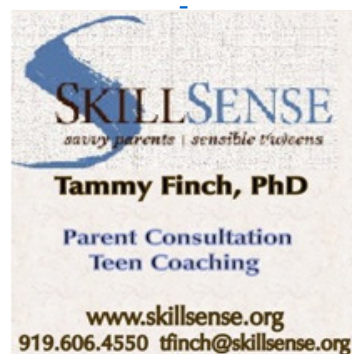
06/03: Tomahawks, Monologue Bombs, Filthy Bird
 06/04: Barrowburn (Irish), Red Collar, The Loners, Temperance League
 06/05: Suicide Blonde
 06/10: Goodbye Titan, The White Cascade, Starmount
 06/11: The Belfast Boys (Irish), Sun Domingo
 06/12: 2pm - World Cup Soccer Party! - UK vs USA; Burgers vs Fish n Chips
 06/12: 8pm - 1st annual GoodWILL Prom Dress Party - Dance music: Empty Pockets; Wear a prom dress from Goodwill & TNN will donate 10% of the food sales to The Goodwill.
 06/17: Colossus, Caltrops
 06/18: Gerry mcGruden (Irish), Walrus



Sunday Brunch (10:30am-2:30pm) & Irish Family Day (3pm - 8pm)

[Solas:](#) (See Our AD)

06/02: **Joel Gott Wine Dinner** - 4 Courses w/4 Paired Wines - \$55pp;
[Menu](#)
 06/04: **First Friday 3 Course Menu** - featuring locally grown goods from some of NC's finest producers: \$35 pp or pair with featured wines \$50 pp
 Solas Roof is Now Open All Week (weather permitting)
New: Solas Sunday Brunch (10am - 3pm) - [Menu](#)
Birthday Specials (complimentary specials for the honored guest - dependent on party size - call or [click for details](#))



Tuesdays: Select [Menu](#) of 1/2 Priced Wines by the bottle
 Wednesdays: **Select Sounds of Solas**- Live Music, 1/2 Priced Lounge Menu, \$3 Drafts, \$3
 Thursdays: Universal Euphoria; music vibe from around the world; No Cover

[The Well:](#)

See and be seen all summer!

[North Hills Beach Music:](#)

06/03: North Tower
 06/10: Johnny White & The Elite Band
 06/17: The Embers

[Cary Booth Amphitheatre - Music Events:](#)

06/09: Styx & Foreigner w/ Kansas
 06/11: Phoenix
 06/15: Counting Crows

[Ess lounge and nightclub:](#)

Wednesdays: Chill Nite w/ local DJ's



CLICK HERE for COUPON



Thursdays: College Night Thursdays - transportation to/from campus
Friday/Saturday: Best DJ's in town

[Theater In The Park:](#)

06/11-20: **November - by David Mamet** - Regional Premiere! Starring Ira David Wood III. David Mamet's political satire on an incompetent Commander-in-Chief running for re-election. June 11-12, 17-19 8pm; June 13, 19-20 3pm. Tickets \$13-21. Theatre In The Park. 919.831.6058 or www.theatreinthepark.com

[Progress Energy Center For the Performing Arts:](#)

06/12: 8-Track Saturday Night - Early Days of Motown: Martha Reeves, Spinners, The Contours
06/27: America: 40th Anniversary Tour w/ special guest Ambrosia
07/10: Uptown Series: Jay Black, Gary Lewis & The Playboys

[Durham Performing Arts Center:](#)

06/05: Paula Deen Life
06/08-13: Disney's Beauty & The Beast
06/17-19: Inbal Pinto & Avshalom Pollock Dance Company
06/20: Chaka Khan

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[BABY SITTER & PET SITTER LISTS](#)

[TUTORS, CLASSES, LESSONS OFFERED](#)

The Bargain Buzz Wannit?... Come'n Get It!

SUPER SAVER COUPONS - NEW for 2010

[Casa Carbone](#), [Fosters American Grille](#), [Uncle Fatty's Drive-In](#) - Click on the above names to download new coupons (with new expiration dates). For more information check out their Buzz ads.

Blueprint for Luck and Love Singles Dating Event

[Lucky2Service](#) in collaboration with Allure Life, will be hosting a "Blueprint for Luck and Love"; a Singles Dating Event, at Yancy's VIP Lounge, Wednesday, June 16th, from 6pm-9pm. The cost per person is \$30. The fee includes complimentary hor'dourves and specialty drinks will be available for purchase. For any additional information or to RSVP call 919.651.9508. Visit our [website](#). Tickets will be available through Pay Pal. Lucky2 and Allure Life look forward to an exciting evening of Luck and Love and seeing you!

Beach House Rental - 5 bedroom 2 ½ baths 2 living areas at **Atlantic Beach on Ocean Ridge Rental**. Across from beach access walkway. \$1875/week. Call for more info: Earl Johnson (919) 614-3001, or Willis Smith (919) 786-1270. (See our ad for photo)

[Linville Cabin Rentals](#) - 1 to 3 bedroom cabins in beautiful Linville, NC near Grandfather Mountain, Linville Falls, Boone, & Banner Elk areas.



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Pattywhacks - Month of May Special... In honor of moms and expecting moms... Buy one regularly priced item (attire only) from spring/summer 2010 collection & get a second regularly priced item (attire only) that is of equal or lesser value...**30% Off**. Location: 1245 Kildaire Farm Road, Saltbox Village, Cary. (919)468-1928 <http://www.pattywhacksinc.com/> (see our ad)



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Wag - An upscale Pet Boutique offers Buzz subscribers a special offer. **Click Here for Coupon** and take an additional **15% Off** on all non-food items. Visit them at Stonehenge Shopping Market, 7414 Creedmore Rd. 919.841.5093.



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READ MORE OF THE BARGAIN BUZZ - [CLICK HERE](#)



TheBeltlineBuzz Welcomes New Subscribers

Thanks to you - our readers and advertisers - we have gone from start-up to over 5,000 weekly subscribers. Our vision for an on-line grapevine has become a reality. We look forward to your continued ideas and articles so we can spread the word about fashion, food, and fun in the Triangle.

Keep spreading the word to all your friends and family and tell them to sign up for this special **online grapevine**. The newsletter will come out once a week so by all means submit your articles or ideas on anything you think we'd love to hear. Go to our [Website](#), click on '**articles**' and submit. The worker bees at [TheBeltlineBuzz](#) will format it and include



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