



May 10, 2010

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The Latest Buzz on ... Fashion, Food & Fun

Take a Time Out - Raleigh Time Out Restaurant Opens

Okay Generation X, Y, and all the other letters who were raised on taking a 'Time Out' to calm down and gain back some self-control; We've found a Time Out that even your parents would insist on taking!

Time Out Restaurant on Hillsborough Street is open. And when we say open we mean open 24 hours a day, 7 days a week, 365 days a year. It NEVER closes! So when you're in the mood for some good home-cooked Southern fare, don't bellyache about having to cook. Just head to **Time Out** and take-out or eat-in some of the best homemade fried chicken, BBQ, biscuits and all the trimmings and fresh sides you can imagine.



The original Time Out at University Square in Chapel Hill has been serving UNC students and the community for over 30 years (also open 24/7/365). Now all NC State, Meredith and Peace students can claim their own gathering spot after 2am as Time Out virtually swells with folks looking to satisfy the late-night munchies. Comfort food served for breakfast, lunch and dinner is their timeless formula for success as well as their plump pieces of breaded, fried chicken and oversized cheese biscuits. (Check out **Man v Food** on Wed. May 12th, 11a.m on the Travel Channel. Adam visits Time Out where he chows down on chicken cheddar biscuit sandwiches).



They say home-cooked meals can heal the sick, comfort the sad, and make even the sulkiest sulkster smile. You have lots of culinary talents (eating, snacking, nibbling). However, cooking isn't one of them. So head over to Hillsborough Street, at the Dixie Trail intersection, and take a Time Out! We insist.

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To Bee or Not to Bee

**Glow and Sell - Artspllosure 2010 May 15 & 16 -
 Raleigh's Moore Square & City Plaza**

Ready for a Spring workout? Then exercise your artistic license May 15 and 16 at **Artspllosure 2010**, the premier arts festival in North Carolina. Showcasing the talent of over 170 juried artists and crafters from across the country, the festival also features more than a dozen musical performances on two stages in Moore Square. New this year, Artspllosure expands to Raleigh's new City Plaza with the world debut presentation of **"Mirazozo" by England's acclaimed Architects of Air**. The 6,000 square foot luminaire will be open on Fayetteville Street's City Plaza May



13 -16. Mirazozo admission is \$5; all other festival activities are free of charge. Artspllosure 2010 highlights include:

Lite Brite: Be a-mazed at Mirazozo, a large scale, inflatable sculpture made up of labyrinthine tunnels and domes. A world of liquid light and color, it is a multi-sensory space that inspires and affects everyone who enters. Guaranteed to turn you to the Brightside.

Screen Gems: The Art Market - Saturday 11am-7pm; Sunday 10am-5pm: Artwork by fine artists and craftsmen available for purchase, including painting, photography, pottery, jewelry, and more. The booths will line Blount, Martin, and Hargett Streets near Moore Square and City Market.

Sandy Feat: Watch Ed Moore and his team turn tons of sand into art.

Space Jam - Stage Right (& Left): Music Fest - Saturday 1pm-10pm; Sunday 11am-6pm. This year's lineup includes headliner Karl Denson's Tiny Universe, Blues legend Charlie Musselwhite, rising vocalist Sharon Little, Latin/funk/jazz band The Iguanas, local favorite Mel Melton & The Wicked Mojos, and more!
Band Listings & Schedules: [Saturday](#); [Sunday](#)



Kidspllosure: Saturday 11am-6pm; Sunday 11am-6pm. Kids rule at events such as Kids Art @ Marbles Kids Museum (flag making); Chessworks (game of life-size chess) and The Student Art Exhibition (\$500 in cash prizes).

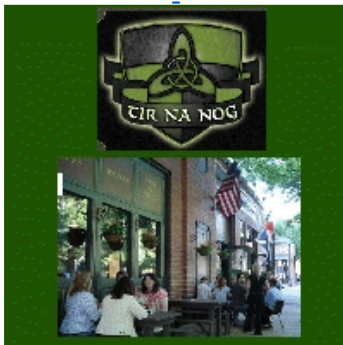
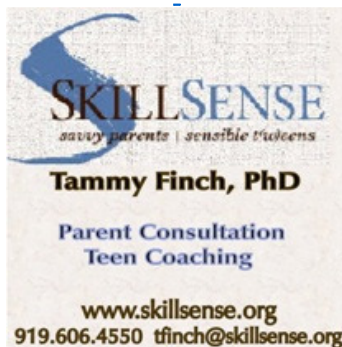
Great art, great music, and great scenery. What could be better? Oh, right ...saving the earth. Will you settle for Earth Wind & Fire?

Artspllosure Website:



521 Daniels Street -
Raleigh 27605
Reservations: 919-821-5969
info@fostersamericangrille.com

CLICK HERE for COUPON



Bee Line to...Blah Blah Blabity Blah!

Live Music Venues & Dates

Lincoln Theatre:

- 05/11: OK Go w/ Earl Greyhound, Robert Francis
- 05/13: Little Feat w/ Swagger
- 05/14: Jonathan Coulton w/ Paul & Storm
- 05/21: Anberlin w/ Story of the Year, Terrible Things
- 05/22: Band Together for StepUP Ministry - Michael Fronti & Spearhead w/ The Old Ceremony, One Eskimo
- 05/25: Mayday Parade w/ A Rocket To The Moon, Sing It Loud
- 06/03: Reggae Festival - Sanchez & Terry Linen w/ Nicola Lionfish, Empress Charmaine, Tru Souljah, Crucial Fiya
- 06/04: The Del McCoury Band w/ TBA
- 06/06: PKM, Nantucket & Friends w/ Sidewinder
- 06/09: Martin Sexton w/ Ryan Montbleau Band
- 06/10: Ballyhoo w/ The b Foundation

Berkeley Café

- 05/13: Foreign Objects, Surroundings, Flex Your Head, Altered State, Other
- 05/14: Fifth Generation, Three Legged Fox, Murphy's Kids, Doco
- 05/15: Wax Planet, Whiskey Kills the Butterflies
- 05/16: Chris Thomas King & His Louisiana Blues Band w/ The Harvey Arnold Dalton Blues Band
- 05/18: Betty Soo
- 05/19: Glossary & Come Go With Us
- 05/22: Bee Ball
- 05/26: Music Industry Networking Party
- 06/05: Sarah Borges & The Broken Singles w/ The Honeycutters
- 06/07: Jason Boland & The Stragglers
- 06/10: Wreckless Eric & Amy Rigby
- 06/15: Aslyn & Toby Lightman

Fosters American Grille: (SEE OUR AD & Coupon Special)

- Happy Hour is Back! \$5 appetizers Mon-Thurs (5-7pm)
- Every Wednesday Wind Down: Half price glasses of wine
- Prime Rib Fridays - \$18 & Steve Hobbs Trio
- Saturday Couples Night: 4 Course - \$50 per couple
- Fantastic Saturday & Sunday Brunch - 11-3pm ([Menu](#))

The Pour House

- 05/11: Nova Stella w/ The Oatmeal Conspiracy & Pacifico
- 05/12: Amellia's Mechanics w/ Daryl Hance
- 05/13: The Hotwires
- 05/14: Drivin' N Cryin' w/ Dex Romweber Duo
- 05/15: Artspllosure & Insplosure, Pat McGee Band w/ Shane Hines
- 05/16: Artspllosure

Tir Na Nog:(SEE OUR AD / Sunday Brunch)

- 05/13: Lake Inferior, Wild Wild Geese
- 05/14: Hercules Mulligan (Irish), I Was Totally Destroying U2

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05/15: From NYC - The Earl Pickens Jnr Band (U2 Bluegrass Style)
05/20: Brett Harris, Luego, Jack the Radio
05/21: Barrowburn (Irish), The One Eyed Chicken Band
05/22: Inis Cairde Irish Dancers, Paddy Gibney & Bill
05/27: Spider Bags
05/28: Live Bluegrass - Rye Mountain Boys, Silver State
05/29: Shine
06/03: Local Beer, Local Band - TBA
06/04: The Irish Wolfhounds, TBA

Sunday Brunch (10:30am-2:30pm) & Irish Family Day (3pm - 8pm)

Solas: (See Our AD)

Solas Roof is Now Open All Week (weather permitting)

New: Solas Sunday Brunch (10am - 3pm) - [Menu](#)

Birthday Specials (complimentary specials for the honored guest - dependent on party size - call or [click for details](#))

Tuesdays: Select [Menu](#) of 1/2 Priced Wines by the bottle

Wednesdays: **Select Sounds of Solas**- Live Music, 1/2 Priced Lounge Menu, \$3 Drafts, \$3

Thursdays: Universal Euphoria; music vibe from around the world; No Cover

Upcoming: [Triangle Restaurant Week 2010](#) - May 17 - 23: 3 Courses, \$25pp

The Well:

05/13: Live Entertainment, No Cover, \$5 Martinis

05/14: DJ A-God

Ess lounge and nightclub:

Wednesdays: Chill Nite w/ local DJ's

Thursdays: College Night Thursdays - transportation to/from campus

Friday/Saturday: Best DJ's in town

Theater In The Park:

06/11-20: **November - by David Mamet** - Regional Premiere! Starring Ira David Wood III. David Mamet's political satire on an incompetent Commander-in-Chief running for re-election. June 11-12, 17-19 8pm; June 13, 19-20 3pm. Tickets \$13-21. Theatre In The Park. 919.831.6058 or www.theatreinthepark.com

Progress Energy Center For the Performing Arts:

05/20-05/23: Carolina Ballet - Sleeping Beauty

05/29: Sister Sledge

06/12: 8-Track Saturday Night - Early Days of Motown: Martha Reeves, Spinners, The Contours

06/27: America: 40th Anniversary Tour w/ special guest Ambrosia

07/10: Uptown Series: Jay Black, Gary Lewis & The Playboys

Durham Performing Arts Center:

04/21 - 05/16: Wicked

05/18: Chicago

05/25-30: The Color Purple

06/08-13: Disney's Beauty & The Beast

An evening reception and talk sponsored by the **North Carolina Psychoanalytic Foundation Building Emotional Muscle in Children** featuring by Kerry Kelly Novick and Jack Novick, PhD How do you know what to ask of your children? What is too much, what is too little and what is just right? Kerry Kelly and Jack Novick will lead an exploration of how to foster strength and resiliency in children of all ages. Join us for a night of



mingling. Hear new approaches for maintaining balance and nurturing the children in your life. Friday May 21, 2010 7:30pm-9:30pm Gallery C (Next to Whole Foods, Raleigh) \$35 (\$40 at door) Public Welcome Order online at www.ncpsychoanalysis.org or Call 847-2323

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The Bargain Buzz Wannit?... Come'n Get It!



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[Casa Carbone](#), [Fosters American Grille](#), [Uncle Fatty's Drive-In](#) - Click on the above names to download new coupons (with new expiration dates). For more information check out their Buzz ads.

Bailey's BIG Sale - The Biggest Sale Ever! Save up to 70% at [Bailey's Fine Jewelry](#) in Cameron Village. Every woman wants a Bailey Box! (See our Ad)

[Linville Cabin Rentals](#) -1 to 3 bedroom cabins in beautiful Linville, NC near Grandfather Mountain, Linville Falls, Boone, & Banner Elk areas.



Cabins are completely equipped with full kitchens, linens, fireplaces and your own private outdoor hot tub. A **Special Beltline Buzz offer March-May: Stay 2 nights and get additional nights at 1/2 Price.** (excluding Memorial Day weekend) Call today... Pick your cabin...Make your Reservations. 828-898-5848. Email: linvillecabinrentals@gmail.com. [Website](#).



Fifth Avenue meets Glenwood Avenue - Downtown Raleigh hot-spot [Solas](#) hosts **Saks Fifth Avenue** for a night of fashion and shopping! What better way to see the latest in spring and summer fashions than a **fashion show** featuring designs straight from the runway? On Thursday, May 27 from 7:00-10:00pm, the second floor of Raleigh's hottest downtown restaurant and lounge, Solas, will turn into a Saks Fifth Avenue boutique! Attendees of the event will actually be able to purchase the fashions they see that night on the runway at the exclusive Saks boutique on the second floor of Solas and take 15% off...instant gratification for the Raleigh fashionistas out there!

This event will also give back to the community. A percentage of sales from the evening will go to the North Carolina Museum of Art Contemporaries and many of the models featured in the show are part of triangle based Models for Charity, an organization of professional men and women who raise money for local charities through modeling. Solas is located at 419 Glenwood Avenue, Raleigh, NC. For further info, contact Saks Fifth Avenue Raleigh Marketing Director Cara Fratto at 919-792-9100 x. 5202 or cara_fratto@s5a.com.



Pattywhacks - Month of May Special... In honor of moms and expecting moms... Buy one regularly priced item (attire only) from spring/summer 2010 collection & get a second regularly priced item (attire only) that is of equal or lesser value...**30% Off**. Location: 1245 Kildaire Farm Road, Saltbox Village, Cary. (919)468-



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Sabika South seasonal collection offers a sophisticated sparkle for southern women. **April Specials:** "Trays of the Month": Tray 1 and 13: **Buy one seasonal item at full price and receive 30% off all other items in those Trays.** Contact Julia Massarelli for a private appointment or to host a Sabika South get together. Email: jmassarelli@nc.rr.com, (919) 788-8446 or (919) 621-5735. www.sabika-jewelry.com.



Find yourself in Silpada-the world's largest Sterling Silver Jewelry Home Party company! Take a first look at the 41 pieces of jewelry they have designed in B & T's 2010 Sterling Additions Catalog Supplement! **Click on Lynne Daniel** to view the entire catalog, to book a Party and receive free jewelry. Price range for the new collection is \$19 - \$169. There's something for everyone and every price range. Contact Lynne Daniel: Silpada Design Representative, Email sterlinggirllynne@gmail.com, 919.272.3040.

Wag - An upscale Pet Boutique offers Buzz subscribers a special offer. **Click Here for Coupon** and take an additional **15% Off** on all non-food items. Visit them at Stonehenge Shopping Market, 7414 Creedmore Rd. 919.841.5093.

Nearly New Clothing Exchange - Fall/Winter Sale - Aug. 2010 - Raleigh Location TBA Interested in Consigning? Contact us nearlynewce@yahoo.com www.nearlynewclothingexchange.com

READ MORE OF THE BARGAIN BUZZ - [CLICK HERE](#)



TheBeltlineBuzz Welcomes New Subscribers

Thanks to you - our readers and advertisers - we have gone from start-up to over 5,000 weekly subscribers. Our vision for an on-line grapevine has become a reality. We look forward to your continued ideas and articles so we can spread the word about fashion, food, and fun in the Triangle.

Keep spreading the word to all your friends and family and tell them to sign up for this special **online grapevine**. The newsletter will come out once a week so by all means submit your articles or ideas on anything you think we'd love to hear. Go to our [Website](#), click on '**articles**' and submit. The worker bees at [TheBeltlineBuzz](#) will format it and include it in the weekly edition. But remember...the Buzz is all about YOU!

Sincerely,
Carol Lynn Foster

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We hope that you continue to enjoy your BeltlineBuzz. We look forward to delivering it.

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