



June 21, 2010



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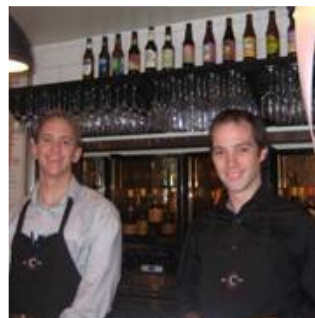
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### The Latest Buzz on ... Fashion Food & Fun

#### The Sipping Point - Café Caturra

**Culture Shock.** Where are we ... Paris? ... Milan? - But do I sit at the bar or table? Wait, people are ordering at the counter ... Can't I get table service? Confused? ... Well, so were we until **Café Caturra** partner, Nathan Bartlett, explained their restaurant concept ... and then it made perfect sense! Discovery - A café that encourages people to explore high quality foods and unique wines at their own pace ... faster for lunch (order at the counter) & at your leisure for drinks and dinner (order at the table or counter; your preference).



Wine Bar at Cafe Caturra

No matter the pace, everyone is ensured a flavorful experience at very reasonable prices.

**Flavor Savour.** **Café Caturra** has a farmers market, artisanal Mediterranean menu and a smart collection of boutique wines to go with it. The Neo-Pies (wood oven pizzas) are very Italian and delicious. The made from scratch soups (2 selections per day) are amazing and are served with La Farm Sourdough bread. There are a nice variety of fresh-to-order salads, Panini, sandwich/wraps and the Wine Fare appetizers are perfectly matched and ideal for sharing. Café Caturra's hand roasted coffee and espressos utilize the finest roasting technology on the market and the flavored ice tea (switched daily) is very refreshing.

**Start Wining.** A "must" is a visit to the wine bar for a "non-intimidating", try-before-you-buy wine tasting experience. Café Caturra is passionate about its wines and wants you to explore new territory. They offer great vintages (mostly small production) from around the world that will



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enliven your palate ... at great values. Since Patio Cafe Caturra the best wine is even better when served at the right temperature, they offer all selections by the bottle or the glass from their environmentally-regulated winekeeper system. It ensures that the whites are crisp and the reds are rich by keeping temperatures under control and oxygen out until you are ready to enjoy. Now that's what we call raising the bar!

**Café Caturra** - 432 Woodburn Road (Cameron Village), Raleigh - 919.835.9463. Hours: Open 11am-10pm Mon-Thurs; 11am-11pm Fri-Sat; & 11am-9pm Sunday. **Menu:**



**To Bee on Not to Bee**

**How to Clean Up Your Act Sweeps LLC** - Services performed by smiling college students & recent graduates

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The last time you watched A&E Hoarders, you found your remote buried beneath a pile of dirty laundry and a pizza box (ah, the irony). You need a non-televised intervention.

Let **Sweeps** clean up your act! Founded by a former Broughton High School student six years ago, Morris Gelblum and his mother Mary Lou started a cleaning company by matching college students with local homes and realtors. They've spent the past six years building a company that creates jobs for students from NCSU and UNC devoted to de-cluttering closets, bathrooms, garages, office spaces, and what we call "bad drawers."



Sweeps has now expanded to offer additional services including tutoring, computer help, concierge services, moving help, and more. They match students with whatever customers need, and guarantee and insure each service. Their goal is to provide excellent, time-saving, cost-efficient services tailored to customers' individual needs.

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It's easy to get in touch to use the variety of services offered. On the Sweeps **Website**, just Click on a logo or particular service to schedule an appointment online. (Choose: Home, Geeks, Biz, or Teach) Then choose date, hours and tasks. Or contact **Morris Gelblum** ([morris@sweepsllc.com](mailto:morris@sweepsllc.com)), or **Davis Bunn**





([davis@sweepsllc.com](mailto:davis@sweepsllc.com)) , or call them at 919.628.0828, and they'll set up your appointment with the right students.

**Sweeps** creates high-paying jobs and scholarships for students, volunteers locally, offers free and discounted services to those in need, and is seeking to grow in Raleigh and Chapel Hill.

So what are you waiting for? Give Sweeps a call! It's a small price to pay for getting clean!



**Bee Line to... Blah Blah Blabity Blah!**

### Live Music Venues & Dates

#### Lincoln Theatre:

06/25: Major Stephens w/ Joey Panzarella Band  
 06/26: Untold w/ Unsound / Down Cycle  
 07/01: The Infallible Tour w/ Lady Marcia Griffiths, Ms Tanya Stephens  
 07/08: Perpetual Groove w/ TBA  
 07/10: Yarn w/ Town Mountain  
 07/22: Soja w/ The Movement, Mambo Sauce  
 07/27: Beres Hammond w/ Inner Circle, Culture, Lenya Wilkes  
 07/28: Streetlight Manifesto w/ Crime in Stereo, The Wonder Years  
 07/31: Hanson w/ Rooney & TBA  
 08/13: The Breakfast Club w/ TBA

#### Berkeley Café

06/27: Sam Baker, John Fullbright, Natalia Zuckerman  
 06/28: Frontier Ruckus & Samantha Crain  
 06/29: Off With Their Heads, Battle!, Thieves  
 07/07: Don Rigsby & Friends w/ Jess Klein  
 07/08: The Long Drive, Black Mambas, Hadwyn  
 07/11: Sonia Leigh  
 07/15: The Rockridge Brothers w/ TBA  
 07/20: Casey Donahew Band  
 07/23: Tres Chicas  
 07/25: The Waybacks  
 07/28: Jimmy LaFave

#### Fosters American Grille: (SEE OUR AD & Coupon Special)

Daily drink & dinner **specials** - Check out All You Can Eat Crab Legs  
 Live Band every Tuesday Night - 06/22: TBA  
 DJ every Thursday - Saturday, 10pm start, No Cover  
 Happy Hour is Back! \$5 appetizers Mon-Thurs (5-7pm)  
 Every Wednesday Wind Down: Half price glasses of wine  
 Prime Rib Fridays - \$18  
 Every Night is Couples Night: 4 Course - \$50 per couple  
 Fantastic Saturday & Sunday Brunch - 11-3pm ([Menu](#))

#### The Pour House

06/22: Misstalica (Female Metalica tribute) w/ Joe Hero  
 06/23: Bastard Noise w/Man Will Destroy Himself, Devour

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06/24: The Groves w/ You Tonight, 100 Yorktown  
06/25: Colourslide w/ The Pete Wilson Band, Mitch Easter  
06/26: Brooks Wood Band w/ Fullproof  
06/27: Matthew Ryan  
06/29: Afton Presents: Showcase  
06/30: Lucky Tubb w/ Hearts & Daggers

**Tir Na Nog:**(SEE OUR AD / Sunday Brunch)

06/24: Embarrassing Fruits, Whatever Brains  
06/25: My Three Kilts (Irish), The Dickens  
06/26 - 30: **Andrew Britton's 'The Excile' release party**  
06/26: Smile  
07/01: Local Beer, Local Band - TBA  
07/02: The Irish Wolfhounds, TBA

Sunday Brunch (10:30am-2:30pm) & Irish Family Day (3pm - 8pm)

**Solas:** (See Our AD)

Solas Roof is Now Open All Week (weather permitting)

**New: Solas Sunday Brunch** (10am - 3pm) - [Menu](#)

**Birthday Specials** (complimentary specials for the honored guest - dependent on party size - call or [click for details](#))

Tuesdays: Select [Menu](#) of 1/2 Priced Wines by the bottle

Wednesdays: **Select Sounds of Solas-** Live Music, 1/2 Priced Lounge Menu, \$3 Drafts, \$3

Thursdays: **Summer Sensation:** Remix Thursdays w/DJ Freedom; \$5 Martini / \$3 Corona/ No Cover

**The Well:**

See and be seen all summer!

06/24: Matt Gwynne

06/25: Aftershock - Triangle's Premier 80's Band

06/26: Live Music

07/03: Guard The Van

**North Hills Beach Music:**

06/24: The Entertainers

07/01: Sleeping Booty

07/08: The Tams

07/15: The Kays

07/22: Liquid Pleasure

**Cary Booth Amphitheatre - Music Events:**

07/04: 4th of July Independence Day Celebration

07/15: Counting Crows

07/21: 2010 Soul Picnic - Fantasia, Foreign Exchange, Chuck Brown, Others

08/06-07: Beer, Bourbon, & BBQ Festival - Brew It. Taste It. Sip It. Pork It.

**Ess lounge and nightclub:**

Wednesdays: Chill Nite w/ local DJ's

Thursdays: College Night Thursdays - transportation to/from campus

Friday/Saturday: Best DJ's in town

**TWC Music Pavilion at Walnut Creek:**

06/25: Rascal Flatts

07/01: Phish

07/10: Toby Keith, Trace Adkins, James Otto

07/17: John Mayer

07/24: Tim McGraw



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07/28: Santana w/ Steve Winwood

**Progress Energy Center For the Performing Arts:**

06/27: America: 40th Anniversary Tour w/ special guest Ambrosia  
07/10: Uptown Series: Jay Black, Gary Lewis & The Playboys  
07/02-07/17: Rent  
07/23-08/01: Annie

**Durham Performing Arts Center:**

07/11: Ringo Starr  
07/18: Mary Chapin Carpenter  
07/26: Melissa Ethridge  
08/08: Norah Jones  
08/18: Lyle Lovett

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**The Bargain Buzz Wannit?...  
Come'n Get It!**

**SUPER SAVER COUPONS - NEW for 2010**

**[Casa Carbone](#), [Fosters American Grille](#), [Uncle Fatty's Drive-In](#) -**

Click on the above names to download new coupons (with new expiration dates). For more information check out their Buzz ads.

**McKenzie Tribe's new summer line has arrived!** Selected items 20 - 40% OFF!!! A great selection of McKenzie Tribe Oxford cloth shorts, a wide variety of linen shirts & shorts, pique knits, and new long sleeved button downs. Also for the summer ... Summer-weight Blazers to finish off your wardrobe! New Collard Greens polo shirts and ties! McKenzie Tribe is now carrying True Wind bags. Made from actual Sailcloth! Stop in and see our new summer selection!  
**McKenzie Tribe**, 4361-105 Lassiter at North Hills, 919-510-5467

**Win \$100 Gift Card from Sylvia Benson Jewelry**



Here's the deal: All you have to do is **become a Fan** of **Sylvia Benson Jewelry** and/or **TheBeltlineBuzz** and we will put your name in a drawing for a \$100 Gift Card used on any Sylvia Benson Jewelry. If you become a fan for both your name will be entered twice! Drawing will take place on June 30th. So spread the **Buzz** and join our fan pages before June 30th. Click on Names above to go to

Facebook pages of Sylvia Benson Jewelry and TheBeltlineBuzz.

**Beach House Rental**

- 5 bedroom 2 ½ baths 2 living areas at **Atlantic Beach on Ocean Ridge Rental**. Across from beach access walkway. \$1875/week. Call for more info: Earl Johnson (919) 614-3001, or Willis Smith (919) 786-1270. (See our ad for photo)

**Sabika South Collection Offers Sophisticated Sparkle!**

Take a look at the **June Specials**. Buy one item from Trays 3 or 15 at full price and receive **30% OFF** all other items from those trays.

**TRAY 3: LAVENDER REVIVAL:** By adding soft pinks, intriguing



**Atlantic Beach Cottage for Rent**  
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Aurora Borealis, light azure, rose water opal, white opal and antiqued silver, Sabika created



Tray 15 Sabika South



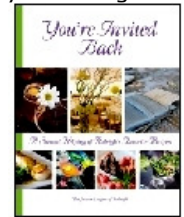
Tray 3 Sabika South

**Tray 15:** OCEAN Pale shades of blue, pacific opal and a butterfly detail evoke memories of the beach. These fresh looks carry the emotions of a summer day into your everyday life. The chain necklace may be worn with one or two pendants and change the shape depending on where you place them.

**Contact Julia Massarelli** for a private appointment or to host a Sabika South get together. Email: [jmassarelli@nc.rr.com](mailto:jmassarelli@nc.rr.com), (919) 788-8446 or (919) 621-5735. [www.sabika-jewelry.com](http://www.sabika-jewelry.com).

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Present its newest cookbook, ***You're Invited Back***. For more information, or to order your copy of ***You're Invited Back***, visit [www.jlraleigh.org](http://www.jlraleigh.org). This cookbook is focused on the city of Raleigh and is full of the best recipes from The Junior League of Raleigh members. Complimenting the recipes are beautiful photographs by Tammy Wingo and menu suggestions for every occasion with helpful culinary tips. For more information, or to order your copy of ***You're Invited Back***, visit [Website](#). (See our Ad)



**The Cotton Company of Wake Forest, NC** - Art Exhibit from now through July 4th. Featuring new and aspiring artist, **Kim**



**Young**. Make sure to stop by her booth. There's something for everyone. Pick-up some great gifts like beautiful note-cards designed from Kim's original works of art. 306 White Street, Wake Forest, NC 919-570-0087. [Website](#)

**Chapel Hill Housing Needed**

Need to find an apartment/house/condo to live in Chapel Hill. Starting Law School in the fall so can rent any time. Please call or email Elizabeth Hodge at [hodge.annaball@gmail.com](mailto:hodge.annaball@gmail.com), 919-510-0159.

**READ MORE OF THE BARGAIN BUZZ - [CLICK HERE](#)**



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That said, on occasion, we will send out "Dedicated" e-mails on behalf of sponsors. You'll recognize them from the subject line: "TheBeltlineBuzz Dedicated E-mail." Yes, these are paid for. And, no, we would never sell our subscriber list to anyone. Not for any amount of money.

We hope that you continue to enjoy your BeltlineBuzz. We look forward to delivering it.

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