



**August 16, 2010**



### In This Issue...

[Side Dishes](#)

[Back-to-School Orientation](#)

[Music Venues & Dates](#)

[The Bargain Buzz](#)

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### The Latest Buzz on ... Fashion, Food & Fun

#### Side Dishes - Mangia Bistro & EAT Kitchen and Bar open in Hayes Barton

**Italian Today ... Grill Tomorrow.** Flip a coin and take advantage of two new adjoining restaurants that share the same name (Mangia = 'Eat' in Italian). **Mangia Bistro** and **Eat Kitchen and Bar** have opened in Hayes Barton on the corner of Fairview and Oberlin Roads. **Mangia** is a European-style bistro serving all fresh-made Italian fare. In the adjoining space is **Eat**, a classic American restaurant serving specialty burgers, grilled sandwiches, soups, salads, and shakes (20+ varieties). Partners Rich Camos (from Fuhgeddaboutit Pizza) and Ahmed Ramadan are targeting a double standard ... "very family friendly but gourmet at the same time." From what we've seen, they have succeeded as Mangia and Eat are two great tastes that look great together ... complimentary side dishes.

**Feeling Saucy?** If there are two things Italians know, it's food and vino. **Mangia Bistro** has wonderful pasta and red sauce made in-house daily. The fresh antipasti, salads and soups are terrific solo or as compliments to Mangia's specialty dishes and wood oven pizzas. No need to be a wine major as the friendly wait staff will guide you to the perfect Italian wine. Oh, and save room for a special dolci. The atmosphere is swank and unassuming. Prices are moderate.

**The Grill Next Door.** Mangia, Mangia - Eat!, Eat! ... When you don't feel



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like Italian, choose the flip side, **Eat Kitchen and Bar**, for traditional (kid friendly) American fare. Featuring all your grill favorites and sweet surprises, Eat is sure to please the entire family.

Buzz favorites include the Ground Angus Burger topped with pimento cheese and Philly cheesesteak. Shake, float, or banana split ...

Eat will satisfy your sweet tooth. Also, check out the restored, historic bar for late night gatherings.

(Note: for you history buffs, Eat and Mangia are located in the old Hayes Barton Grocerteria & Firehouse #6 buildings from 1943. Later it was Johnsons Pharmacy)



Interior of Eat Kitchen & Bar

**Mangia Bistro, Eat Kitchen and Bar:** 2519 Fairview Road ; 919.782.4908. [Facebook](#). Hours: Mon-Thur: 11am - 10pm; Fri - Sat: 11am - 11pm; Sunday (Eat Only): 11am - 9pm. Offering take-out and soon, Vespa delivery service.



### To Bee on Not to Bee

### Back-to-School Orientation

Move to the Head of the Class! Although your kid's 100-watt grin will steal his teacher's heart, more buttering up can't hurt. For that, here are three educational events to get ahead and stay there for a back-to-school jump start.

#### Start off on the right foot:

There's a serious case of back-to-school jitters in your house. And Junior's not the only one feeling the willies. **Marbles Kids Museum** believes that children learn best through play and discovery. Exhibits and programs are designed to build imagination through self-led exploration of new ideas and experiences.

At the museum visit their **Kick-Off to Kindergarten**, Saturday, August 21st, 9:00am-11:30am. Kick off your child's successful school career!



Celebrate this major milestone with purposeful play and practice to prepare you for the first day of school. Experts in nutrition, education, healthy living, proper immunization and other areas of concern will be on hand to answer

questions for parents and provide age-appropriate activities for the kindergartners. This event is free to rising or current kindergartners and their families. [Website](#)



### History Lesson:

**Discover the Real George Washington** from Mount Vernon - Sept. 10 through Jan. 21, 2011. The **NC Museum of History** will host this traveling exhibition. Approximately 100 original objects associated with Washington. New views from Mount Vernon bringing the fascinating story of Washington's life to people around the country by showing a wide variety of compelling personal belongings and some intriguing elements. **Discover the Real George Washington** offers a new and refreshing perspective on our nation's first president, his achievements, and his family and times. The exhibition reveals the real George Washington not only as a general and president, but as a young land surveyor, experimental farmer and savvy entrepreneur. Washington's views on religion and slavery, and the influence of his wife, Martha, are also explored. [Website](#)



### Carpool:

**Carolina Classics at The Capital** ("The Event") will take place Friday, August 20th through Sunday, August 22nd, in downtown Raleigh. Up to 800 classic cars and trucks will be parked on or near historic Fayetteville Street, while an additional 80 show cars and up to 100 parts vendors will be on display in the new **Raleigh Convention Center**. Show times will be Friday, 12:00 Noon to 6:00PM; Saturday, 9:00AM to 6:00PM and Sunday, 10:00AM to 3:00PM. Admission to the Convention Center will be \$10.00 per person. There is no charge to view the vehicles parked outside. [Website](#)



## Bee Line to... Blah Blah Blabity Blah!

### Live Music Venues & Dates

#### Lincoln Theatre:

08/21: Appetitive For Destruction (GNR tribute) w/ Jam Pain Society  
 08/26: The Disco Biscuits w/ MiMOSA  
 09/08: Stockholm Syndrome w/ TBA  
 09/09 - 11: Hopscotch Music Fest  
 09/12: Badfish (Sublime tribute) w/ Scotty Don't, Ballyhoo, Passafire  
 09/19: Drive By Truckers  
 09/22: Bassnectar  
 09/24: Unknown Hinson w/ Johnny Hiland  
 09/25: Michael Landau w/ Johnny Hiland, Special Guests  
 10/05: The Gracious Few w/ American Bang  
 10/29: Perpetual Groove

#### Raleigh Amphitheater:

08/17: Maroon 5



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08/25: STS9 (Sound Tribe Sector 9)  
08/28: The Dukes of September Rhythm Review: Michael McDonald,  
Donald Fagen & Boz Scaggs  
09/17 - Black Crowes

**The Mint:** (SEE OUR AD)  
Live Jazz - 1st Thursday of each Month

#### **Berkeley Café**

08/20: Thrash Metal Bands - Blatant Disarray, Praetorius, Widow  
08/21: The Balance, Doco, Mixed Solution  
08/24: The Advent, Carrier, The Bonus Army, Watchfire, Stripmines  
09/01: Stonehoney  
09/02: Delta Rae  
09/09-11: Hopscotch Music Fest  
09/15: Alvin Youngblood Heart & The Mighty Muscle Theory  
09/16: Great American Taxi featuring Vince Herman (Leftover Salmon)  
09/19: The Band of Heathens  
09/22: Marshall Crenshaw  
09/23: Greensky Bluegrass  
10/03: Kim Richey with Mando Saenz  
10/10: Asylum Street Spankers - Farewell Tour

**Fosters American Grille:** (SEE OUR AD & Coupon Special)  
Daily drink & dinner **specials** - Check out All You Can Eat Crab Legs  
DJ every Thursday - Saturday, 10pm start, No Cover  
Happy Hour is Back! \$5 appetizers Mon-Thurs (5-7pm)  
Every Wednesday Wind Down: Half price glasses of wine  
Prime Rib Fridays - \$18  
Every Night is Couples Night: 4 Course - \$50 per couple  
Fantastic Saturday Brunch - 11-3pm ([Menu](#))

#### **The Pour House**

08/18: The Civil Wars w/ Madi Diaz  
08/19: The 2010 Coney Island Cockabilly Roadshow  
08/20: tHE DESIGN w/ Delta Rae, Magic Mike  
08/21: Malarkey Gras - American Aquarium w/ Red Collar, Paleface,  
Ponderosa  
08/22: Gorilla Productions - Battle of the Bands  
08/25: Vintage  
09/03: Crucial Fiya  
09/08-11: Hopscotch Music Fest

#### **Tir Na Nog:**(SEE OUR AD / Sunday Brunch)

08/19: Jon Lidsay, Small Ponds  
08/20: Gerry McGrudden (Irish), Walrus  
08/21: Kilkarraugh (Irish), Paddy Gibney & Bill  
08/26: Man Will Totally Destroy Himself, Black Skies, Goodbye Titan  
08/27: The Irish Wolfhounds (Irish), TBA  
08/28: Beggar's Caravan  
09/02: Local Beer, Local Band - TBA

Sunday Brunch (10:30am-2:30pm) & Irish Family Day (3pm - 8pm)

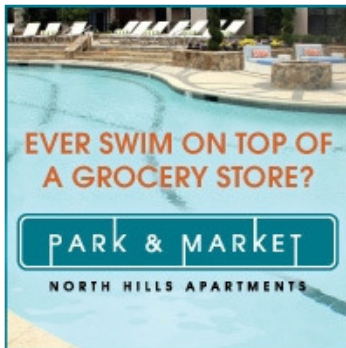
#### **Solas:** (See Our AD)

Sun - Thursday: **Chefs Tasting Menus** - \$29 or \$49 with wine pairings  
Tuesday: **1/2 price wine** (menu varies week to week)  
Every Wednesday: **Ladies Midweek Rooftop Escape** - 6 to 9pm;  
Complimentary appetizer w/purchase & \$5 drink specials; \$3 draft beers  
**Remix Thursdays w/ DJ Freedom;** No Cover; \$5 martinis, \$3 Coronas  
Ladies Free All Night Fridays - Live DJ in the lounge  
Saturday: Live DJ in the lounge



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### [The Well:](#)

See and be seen all summer!

### [North Hills Beach Music:](#)

08/19: Jim Quick & Coastline  
08/26: The Embers

### [Cary Booth Amphitheatre - Music Events:](#)

08/26-28: Shakespeare's Twelfth Night or What You Will (top actors)  
09/02: REO Speedwagon w/ Pat Benatar  
09/18: Foxy Family Reunion  
09/22: Crosby Stills & Nash  
09/23: Lady Antebellum w/ David Nail  
09/25: **Triangle Uncorked** - 2pm - 6pm (taste some of the greatest & newest wines from around the world) - [Ticket Information](#)

### [TWC Music Pavilion at Walnut Creek:](#)

08/21: Jack Johnson  
08/27: Creed  
08/28: Brad Paisley w/ Darius Rucker, Justin Moore  
08/29: KISS  
09/13: Kings Of Leon  
09/18: Tom Petty & The Heartbreakers, ZZ Top  
10/02: Sugarland w/ Little Big Town, Randy Montana

### [Progress Energy Center For the Performing Arts:](#)

08/17: Asia (original cast members)  
08/20: Chatham County Line  
08/21: Blood Sweat & Tears - **postponed, new date TBD**  
08/28: Adam Lambert

09/11: Marilyn McCoo & Billy Davis w/ Melba Moore - **cancelled**  
09/11: Demetri Martin Live  
09/16-10/03: Carolina Ballet - Firebird  
09/17-09/26: North Carolina Theatre - Little Shop of Horrors

### [Durham Performing Arts Center:](#)

08/18: Lyle Lovett  
08/30: Natalie Merchant  
09/10: Lewis Black  
09/11: Bull Durham Blues Festival - Buddy Guy  
10/30-11/14: Billy Elliott The Musical  
04/02/2011: Laughter and Reflection with Carol Burnett

### Follow these Links

[BABY SITTER & PET SITTER LISTS](#)

[TUTORS, CLASSES, LESSONS OFFERED](#)

### The Bargain Buzz Wannit?... Come'n Get It!

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[Casa Carbone](#), [Fosters American Grille](#), [Uncle Fatty's Drive-In](#) -


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 First Visit: Compli-Mintary Dessert  
 Second Visit: Two Compli-Mintary Glasses of Bubbly  
 Third Visit: Compli-Mintary Large Plate entree  
 Fourth or More Visits: Same as Third



1st Visit	1 Compli-Mint-ary Dessert
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3rd Visit	1 Compli-Mint-ary Large Plate

**McKenzie Tribe's - End of Summer Sale!!** Selected items 20 - 40% OFF!!! Currently has a great selection of summer blazers: Linen, Cotton, and Cotton/Linen Blends Wide variety of Polo Shirts: McKenzie Tribe & Collard Greens. We still have a large selection of shorts: Oxford Cloth & Linen. Also have a sale table with a big selection of shirts and shorts Stop in and check out our summer sale!!  
 4361-105 Lassiter at North Hills, Raleigh, 27609, 919-510-5467



**Pattywhacks - Back to School Specials** and Month of August Specials...Big Summer Sales! Buy one regularly priced item (attire only) from spring/summer 2010 collection & get a second regularly priced item (attire only) that is of equal or lesser value...30% Off. Location: 1245 Kildaire Farm Road, Saltbox Village, Cary. (919)468-1928

**ReuseConex**, First Annual **Reuse Conference and Expo** - **ReuseConex**, a national convention exploring the importance of reuse, will be held at the **North Raleigh Hilton** from October 18-20. The event includes a re-fashion show; re-art sale featuring work from reclaimed material artists; keynote speakers such as Garth Johnson, author of 1000 Ideas for Creative Reuse; and a film screening. Tickets are available on **Website**.

**NBC's "Last Comic Standing Live" Tour Coming to Raleigh.** Tickets on Sale Now for Oct. 29 at 8:30pm, at Meymandi Concert Hall, Raleigh. Goodnight's Comedy Club presents an evening of great stand-up comedy with the finalists from NBC's popular laughfest "Last Comic Standing," as the official NBC tour comes to Raleigh. Tickets are on sale and can be purchased at [www.progressenergycenter.com](http://www.progressenergycenter.com) or by calling 800-745-3000.

**The Junior League of Raleigh** Present its newest cookbook, **You're Invited Back**. For more information, or to order your copy of **You're Invited Back**, visit [www.jlraleigh.org](http://www.jlraleigh.org). This cookbook is focused on the city of Raleigh and is full of the best recipes from The Junior League of Raleigh members. Complimenting the recipes are beautiful photographs by Tammy Wingo and menu suggestions for every occasion with helpful culinary tips. For more information, or to order your copy of **You're Invited Back**, visit **Website**. (See our Ad)



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**2010 Raleigh Christmas Parade** The Greater Raleigh Merchants Association (GRMA) announces their 66th Annual Raleigh Christmas Parade to be held on November 20, 2010 at 9:30am in downtown Raleigh. Applications are now being accepted for all parade entries. Registration



will close on September 17. [Click Here](#) for the full parade schedule. If your group is interested in having a float, classic car, helium balloon, walking group or other entry, please visit the Greater Raleigh Merchant's Association [Website](#) submit an online application. No applications will be accepted after the September 17 deadline. Sponsorship opportunities are also available. If your company is interested in sponsorship opportunities, please contact the executive director of GRMA, Jennifer Bradshaw at 919-

755-9235 or [Email](#). The Raleigh Christmas parade is the largest parade between Atlanta and Washington DC. Over 250,000 will watch the parade live from home and over 60,000 will attend the parade in person. The parade will last approximately 2.5 hours and will feature something for the whole family.

#### **About Greater Raleigh Merchant's Association**

The Greater Raleigh Merchants Association has promoted the growth and sustainability of local businesses for almost 70 years. It produces the Raleigh Christmas Parade, and in 2009 the organization launched Shop Local Raleigh, an independent business alliance. [Website](#)

**READ MORE OF THE BARGAIN BUZZ - [CLICK HERE](#)**



### **TheBeltlineBuzz Welcomes New Subscribers**

Thanks to you - our readers and advertisers - we have gone from start-up to over 5,000 weekly subscribers. Our vision for an on-line grapevine has become a reality. We look forward to your continued ideas and articles so we can spread the word about fashion, food, and fun in the Triangle.

Keep spreading the word to all your friends and family and tell them to sign up for this special [online grapevine](#). The newsletter will come out once a week so by all means submit your articles or ideas on anything you think we'd love to hear. Go to our [Website](#), click on 'articles' and submit. The worker bees at [TheBeltlineBuzz](#) will format it and include it in the weekly edition. But remember...the Buzz is all about YOU!

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